



"The Downtowner"



KIWANIS CLUB OF ROCHESTER

www.kiwanisroch.org

ROCHESTER, MN.

Aug. 12, 2017

Coming Programs

August 17 Brian Crabtree, Olmsted County Water Lab Coordinator speaking on water testing & Flint, MI water situation.

August. 24 Jessica Markley from Cambria will be our speaker on their products and community support. .

August 31 No meeting due to Labor Day Holiday

Sept. 7 Wendy _____ Mediations and Conflict Solutions introduced by Bob McClocklin



The Circle in July is Bill Kalmes and Charlie Graham. The Circle of Service for September is Ron Ilvedson, Dick Weltzin, and Bob McClocklin. (Circles should send Clare their programs as soon as possible so they can to have them included in the Downtowner.)

Stay alert for signup opportunities online at

www.kiwanisroch.org



Expense Report:

\$125 Zumbro River Crossing box lunches.

\$140 Collected from members for lunches

\$213 DoubleTree July meals



Councilman Michael Wojcik Speaks

Charlie G. introduced his Ward's councilman, Wojcik. Michael has been on the council for about 10 years and has frequently been outspoken on different

subjects. He laughs saying that he was a youngster raised in the iron country and was always quiet. Someplace along the line he has changed his image. He has 2 daughters at Bamber Valley School. He takes pride in the fact that he will respond to any contact that people make with him.

Michael spoke to the group on topics that have been of particular interest to him.

- 1) Transportation. He says there is and will be an 80% increase in bus service needed in RST.
- 2) Affordable Housing. There are currently about 5000 under construction and on the seller's market.
- 3) He is not happy with Charter's monopoly of the Broad Band market in RST.
- 4) Wojcik would like to connect all City Parks with one another by walking (bike) path.
- 5) He would like to see the city investing in 'large' parks.
- 6) He is convinced that the DMC 'hype' cannot be realized in total.
- 7) Volunteers in all areas still critical.

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Several questions were raised from the floor. Some examples are:

1. The Meadow Lakes Golf Course area. There are 40 acres that will be turned into a large condo development and a Park. Not moving quickly.
2. Homeless. Michael says all council members are concerned about the lack of living places for middle income families.
3. He recommends we have Shiela Kiskaden speak to us on this whole area.
4. Uber & Lyft are allowed in RST for economic competition for the established Taxi companies.

A good discussion was appreciated by all.



Bonnie continues to work on the Running Start program. Keep it up! It is appreciated.

Y Golf Tournament is coming. The cost is \$100 per person. It was moved and passed that the Club would pay $\frac{1}{2}$ of a player's fee since it is a youth support event. (Max. of 4 players)

FYI (Net Income from: last yr.)

Pancakes	\$2775
Peanuts	\$3380
Hockey Festival	\$3000

(This has not been every year)

These are the income projects from which we do our spending on youth, scholarships, etc. This is not spent on the 'Club's' expenses. Only Dues can be used for that.



Dr. Tyler Scott Oesterle

If that name doesn't ring a bell, you are really out of touch. Tyler is the son of our member, Scott Oesterle. He was

our presenter last Thursday. Dr. Oesterle is an MD, Psychiatrist with a MPH to boot. He is a Psychiatrist on the Mayo staff and has a responsibility in the Fountain Center work. His work is with Mental Health and Addiction. Tyler started his talk with a slide showing the cross-sections of several brains to illustrate that there really is a brain component to mental health and addiction.

Most of his talk was laced with statistics for emphasis. Most addiction starts in the adolescent. Today drug overdose is the leading cause of accidental deaths. Suicides are slowly increasing due to abuse and addiction. Guns are still the leading vehicle in suicide.

Meds can help many persons with these problems, but there is always a small percentage that are resistant to this approach.

Treatment has to be 'voluntary' to be effective. If you can keep the patient controlled for a year, there is a better chance for long lasting positive results. Many questions were tossed back to Dr. Oesterle and his answers, we hope, were helpful to those searching for information. Excellent presentation.....

The Oesterles must be proud to have one of the children making his mark in this world.

No Meeting Aug. 31 due to Labor Day Holiday!!!!!!



Divorce proceeding

She's a real sharpie.

A judge was interviewing a woman regarding her pending divorce and asked, "What are the grounds for your divorce?"

About four acres and a nice little home in the middle of the property with a stream running by.

*

"No," he said, "I mean what is the foundation of this case?"**

**It is made of concrete, brick, and mortar," she responded.*

*

"I mean," he continued, "what are your relations like?"**

"I have an aunt and uncle and 12 cousins living here in town, as well as my husband's parents."*

*

The judge took a deep breath and asked, "Do you have a real grudge?"**

"No, we have a two-car carport and have never really needed one 'cuz we don't have a car."*

*

"Please," he tried again, "is there any infidelity in your marriage?"

"Yes, both my son and daughter have stereo sets. We don't necessarily like the music -- all that hip hop and rap tap -- but we can't seem to do anything about it."*

"Ma'am, does your husband ever beat you up?"*

"Yes, he gets up every morning before I do and makes the coffee."**

*

Finally, in frustration, the judge asked, "Lady, why in the world do you want a divorce?"

"Oh, I don't want a divorce," she replied. "I've never wanted a divorce. My husband does. The darn fool says he can't communicate with me."**



Motivational speakers have the best stories. *

John Cassis is one of our nation's finest motivational speakers.

He told a story recently about a time when he was serving as one of the chaplains for the Chicago Bears during their glory years of the 1980's.

As John tells it, Head coach Mike Ditka was about to deliver a locker room pep talk one day. He looked up and saw defensive tackle William "Refrigerator" Perry. How could he not see him? At 338 pounds, the Fridge stood out even in a crowd of pro football players. Ditka gestured to the Fridge. "When I get finished," he said, "I'd like you to close with the Lord's Prayer." Then the coach began his talk.

Meanwhile, Jim McMahon, the brash and outspoken quarterback at the time, tapped John Cassis on the arm. "Look at Perry," McMahon whispered, "he doesn't know the Lord's Prayer."

Sure enough, Perry sat with a look

of panic on his face, his head in his hands. He was sweating profusely.

"Everybody knows the Lord's Prayer," said Cassis to McMahon in disbelief.

After a few minutes of watching the Refrigerator leaking several gallons of sweat, McMahon (never known as a genius himself) nudged Cassis again. "I'll bet you 50 bucks Fridge doesn't know the Lord's Prayer."

As Cassis tells the story, he stops to reflect on the absurdity of it all: "Here we were sitting in chapel and betting 50 bucks on the Lord's Prayer."

When Coach Ditka finished his pep talk, he asked all the men to remove their caps. Then he nodded at Perry and bowed his head.

It was quiet for a few moments before the Fridge spoke in a shaky voice, "Now I lay me down to sleep. I pray the Lord, my soul to keep."

Cassis again felt the tap on his shoulder. It was Jim McMahon. "Here's the 50 bucks, Padre," he whispered. "I had no idea Perry knew the Lord's Prayer."

True story..

Jim Puckett